



Fraser Lyndale Court News

Court Support Group for Families

The purpose of the Court Support Group is to network with other families, discuss ideas and concerns about the buildings and programs, and to help find or develop services that are being lost due to budget cuts. The next Court Support Group

meeting will be held at Fraser Lyndale Court, 10325 Lyndale Avenue South, Bloomington, MN 55420, on Wednesday, July 21st from 6:30-8:00PM.

We will be planning the 2010 ILP picnic for the majority of this meeting. If you plan to attend the picnic this year please plan to attend

this meeting to help with the planning. For those unable to attend, meeting minutes will be sent out after the meeting.



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July 2010

Happy 4th of July!



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ILP Tenant & Family Picnic

The 7th Annual ILP Tenant & Family Potluck Picnic is right around the corner! The upcoming picnic will be held on

Saturday, August 14th 2010 from 11am-1pm. The picnic will be held at Lyndale Court this year. Invitations and more

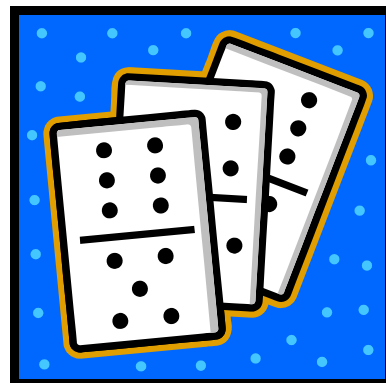
information will be coming soon. Please mark your calendars!



Game Night

Fraser volunteers, Matt and Justin are coming back to Lyndale Court for another fun-filled Game Night! Gather your friends and neighbors and join in the fun! Game Night

will be held in the community room on Thursday, July 8th at 7:00pm. Feel free to bring down a favorite game to share and play. Hope to see you there!



Window Washing

Each year, the Service Coordinator works to set up a day for window washers to come to Lyndale Court. Currently, the Service Coordinator is looking into different providers to do this

service. At this time, it is looking like a window washing service will be set up to come to Lyndale Court in the early Fall. More information will be distributed as the plans get finalized. If you do not wish to wait until the Fall, the

Service Coordinator can give you a list of window washing companies for you to contact. If you have any questions about window washing, please talk to the Service Coordinator.

Service Coordinator Office Hours

The Service Coordinator will be out of the office on July 1st, 2nd, and 5th. She will return to the office on Tuesday July 6th and will respond to all messages then. If you

are in need of immediate assistance, please call Fraser School at 612.861.1688. Have a safe and happy Holiday Weekend!

Community Resource Corner

The community resource for this month is **Workabilities, Inc.** located in Golden Valley, MN.

Workabilities, Inc. is a publicly funded, not for profit organization that serves adults with developmental disabilities. Workabilities, Inc. program services range from supported employment in the community to personalized skill training designed to optimize active participation in all areas of daily

living. Services are tailored to each client's needs based on his/her individual service plan.

Examples of services and trainings provided, are: paid work (in the community and on-site), work orientation training, community access skills, communication and interpersonal skills, individualized behavioral services, and recreation and

leisure skills. To learn more about Workabilities, Inc. and the services they offer, please call 763.541.1844.

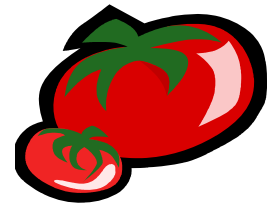
Health Tip

When in doubt, throw it out!

It is always important to keep your foods fresh! With summer here, many of us take foods to picnics and bbq's so it might not always be as easy to keep the food from spoiling.

In order to help prevent food poisoning, follow these simple tips!

- Put food away as soon as you are done with it.
- Discard food that has an off color or odor; throw away anything that has been left out at room temperature for an unknown period of time.
- If you have any question in your mind about the freshness or safety of eating a food product, throw it out.



Tenant Change of Information Forms

As many of you have seen, there is a box placed above the rent box with tenant change of information forms in it. These forms are to be filled out by tenants if there is ever a change in information. For example, if you get a new phone

number, you would fill out one of the forms. Or, if you get a new staff person you would fill out a form. Anytime you have a change in contact information, you should fill out a form so the office will always have current information on file. After you complete a form you may stick

them in the message or rent box, or slip under the office door. If you have any questions about these forms please talk to Tina or Holly.



July 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 Happy 4th Of July!	5 <i>Faith & Light CORE meeting</i>	6	7	8 Game Night 7pm	9	10 Room Reserved 6pm
11	12	13 Room Reserved 5pm	14 CUB CLUB	15	16	17
18	19	20 Game Night w/ Westminster Youth Group	21 Court Support Group 6:30pm	22	23	24
25	26	27	28 CUB CLUB	29	30	31