



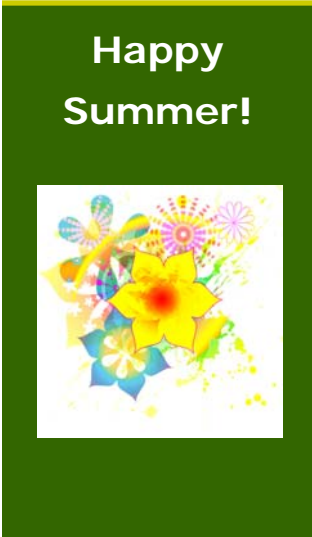
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Ice Cream Social

The Single Volunteers of the Twin Cities are back to host an Ice Cream Social for the tenants of Lyndale Court! The ice cream social will be held on **Thursday, June 4th** from 6:30-8:30pm. If the weather allows, we have the social in the backyard. Lawn games will be available to play. If you have a game you'd

like to bring down and share, please feel free to do so. In the event that it rains, we will move the ice cream social to the community room. Hope to see you all there!



Social Hour

The Service Coordinator will be hosting 'social hour' in the community room on Tuesday, June 16th. Come

down to the community room for refreshments and socialization. If the weather is nice we

may spend social hour in the backyard. Hope to see you there!

Police Safety Talk

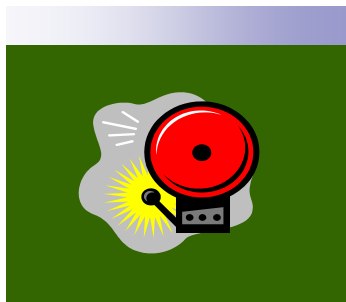
Officer Jim Caauwe from the Bloomington Police Department is coming back to Lyndale Court to talk about safety in the neighborhood. If you are interested in

learning ways to stay safe and how you can protect yourself, please come to this informational session. Jim will be coming to Lyndale Court on Tuesday, June 9th at 6:30pm. If you have any questions

regarding this presentation please talk to Holly in the office.



Fire and Severe Weather Safety



Thank you to all of you who attended the Fire and Severe Weather Safety meeting in May. Please remember to review the tip sheet

and know the fire and weather safety plan for Lyndale Court. As a reminder, a **FIRE DRILL** will be conducted sometime this summer at

Lyndale Court. You will NOT be notified of the date or time. Remember to always to treat the alarms as a real emergency!

Health Tip



From: Bloomington Public Health

Exercise 30 Minutes a Day Most Days

Get strong, energetic, and healthy. Choose an exercise that is healthy so you'll do it regularly.

Walking:

Alone or with friends; inside (apartment hallways, the mall) or Outside

Swimming:

Is easy on your joints.

Bicycling:

A great outdoor exercise.

Dancing:

Sign up for a dance class!

*Always check with your doctor before starting a new exercise program!

Community Resource Corner

The community resource for June is **Opportunity Partners**. Opportunity Partners supports people with disabilities and helps them improve their independence at work, at home and in the community. They have more than 30 locations in the Minneapolis/St. Paul area!

They offer Employment Services including pre-employment assessments, vocational training, career exploration, employment placement and support in the workplace. They also provide Residential Services that include community involvement, social activities and support in daily

living skills. Opportunity Partners also provides Educational Services for learning practical skills such as balancing your checkbook, grocery shopping and participating fully in the community. For more information, you can contact Opportunity Partners at 952-938-5511.

Tenant Corner

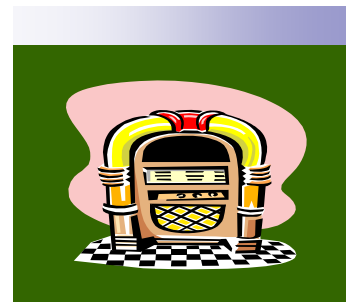
Crosley Radio

By: John Ellingson

I would like to let my fellow tenants at Lyndale Court know about Crosley Radio. Crosley Radio makes retro consumer electronics like

record players, CD recorders, jukeboxes, radios, phones, clocks and music boxes. If you are interested in learning more about Crosley Radio contact them at:

1220 East Oak Street
Louisville, KY 40204
Phone: 1-866-CROSLLEY
To view Crosley products, visit their website at:
www.crosleyradio.com



Tenant Corner

Twins Game

By: Ralph Richardson

I attended the Twins game on Friday, May 22nd at the Metrodome. I went to the game with my friend Steve, from work. He picked me up from Lyndale Court and drove

downtown to the dome. It was very crowded when we got there! We sat down to watch the first pitch when we first arrived. As the game went on, I found some time to buy small baseball bat souvenir as well as eat some hot dogs. Steve and I also received free luggage tags from DELTA airlines which

was very cool. I have decided to use my tag on my pool bag so Ill never lose my pool cue! The game was a lot of fun especially when I got to see a homerun hit. After the game Steve brought me home. I had a lot of fun and hope to attend another one some day.



June 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Community Room Reserved 2-4pm	3	4 Ice Cream Social 6:30pm	5	6
7	8	9 Police Safety Talk 6:30pm	10 Cub Club	11 Community Room Reserved 10:30-1:30	12	13
14	15	16 Social Hour 4-5pm	17	18	19	20
21 Father's Day Summer Begins	22	23	24 Cub Club	25	26	27
28	29	30				