

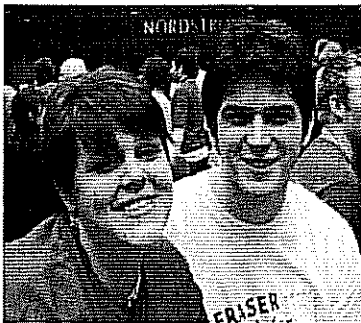


Home & Community Supports Quarterly News

A chronicle of news, information, and events for home-based families and staff

FUNdraising for Fraser

On April 18th, the Home & Community Supports Empower Rangers took our act to the Mall of America for the Fraser Walk for Autism. Along with over 100 other staff, families and friends, we raised nearly \$85,000 in support of all the autism services that Fraser provides. Participants strolled around the bottom floor of the Mall, with frequent stops for games, information, and photo opportunities with a variety of characters (including Dora the Explorer and the Bubba Gump Shrimp). Following the walk, participants were treated to some incredible dance routines performed by area youth of both typical and special needs. Our division's team took second in fundraising, collecting nearly \$3500!



HCS Team Members at the Walk

On July 11, Chef Vincent's Team will participate in the Lifetime Fitness Triathlon in support of Fraser. Along with thousands of other people, they will be swimming .4 miles, biking 15 miles and running three miles. Last year the team raised \$37,000 for Fraser and we hope to surpass that accomplishment this year. From our division, DSP Marcy Perleberg, PCA Coordinator Jenn Branzovsky, Bi-Lingual Waiver Coordinator Molly Slovnik, and Staffing & Administrative Coordinator Nix Wurdak will be participating. Be sure to wish them luck!

Save the Date!

Employee Quarterly Meeting / Training (required for all employees)

Place: Normandale Lutheran Church (6100 Normandale Road, Edina, MN 55436)

Date/Time: June 3rd (6:00-9:00pm) or 4th (9:00am—12:00pm)

Home & Community Supports Picnic

Place: Lake Harriet North Shore Picnic Area

Date/Time: Tuesday, August 4th, 3:30-6:30pm

Parent Meeting (Home-Based Services)

Place: Fraser at Hennepin Square (2021 E Hennepin Ave, Suite 402, Minneapolis, MN 55413)

Date/Time: Thursday, June 11th, 4:30-5:30

Topics: Changes in the payroll and client billing form systems, new staffing coordinator position

Upcoming Trainings (Employees Only)

To sign up for any upcoming trainings please contact your supervisor or Erin Gilbertson at ering@fraser.org or at 612-253-1101

Non-Violent Crisis Intervention

Place: Fraser at Hennepin Square (2021 E Hennepin Ave, Suite 402, Minneapolis, MN 55413)

Date / Time: Thursday, June 25, 9am-4pm

CPR Adult Review

Place: Fraser Main Offices (2400 W 64th St, Richfield, MN 55423)

Date / Time: Monday, June 15th, 5-7pm

Child CPR

Place: Fraser Administrative Offices (2400 W 64th St, Richfield, MN 55423)

Date/Time: Wednesday, June 10, 3:30-6:30pm

Adult CPR

Place: Fraser Main Offices (2400 W 64th St, Richfield, MN 55423)

Date/Time: Wednesday, June 24, 3:30-6:30pm

Combo Class – Adult (age 12 and up) CPR / First Aid

Place: Teakwood House (9599 Teakwood Lane, Maple Grove, MN 55369)

Date / Time: Saturday, June 13th, 10:00am – 5:00pm

Saturday, July 11th, 10:00am – 5:00pm

For information on additional classes and times, please check out

Fraser.org!

In This Issue

- **Fraser FUNdraising**
- **Save the Date**
- **HCS Picnic**
- **Client Billing Form Reminders**
- **Meet Your HR Representative**
- **"Play to Talk" Workshop**
- **Ask a Coordinator!**
- **Bright Ideas**
- **Caught Caring!**
- **Quarterly Meeting Updates**
- **Contact Information**

Summer Picnic!

Mark your calendar, the 2nd annual Home & Community Supports Picnic will be Tuesday August 4th from 3:30 to 6:30 pm at the north shore Lake Harriet picnic area (same location as last year). Please feel free to bring your client and their family, or just yourself. It's a great time to interact and get to know other DSPs and service coordinators, with the added benefit of food and games! If you would like to help out please contact Molly Slovník at 612.767.5169 or by email at mollyes@fraser.org. Details and RSVP to follow.



¡Apunte el 4 de Agosto en el calendario! Vamos al Lake Harriet (el lado norte) para celebrar el trabajo de Apoyos Comunitarios.

Empezamos la fiesta a las 3:30 y seguimos hasta 6:30. Traiga su cliente y su familia para comer, jugar, y conocer a otros trabajadores y coordinadoras de Fraser Apoyos Comunitarios. Si Ud. quiere ayudar para preparar la fiesta llame de favor Molly Slovník en 612.767.5169 o por correo de email en mollyes@fraser.org. Más información y RSVP a seguir.

Client Billing Forms

Switching over to the call-in payroll system will make it easier and quicker to maintain your hours, but please remember the continued importance of your client billing forms. Without turning in your client billing forms (via the drop box, mail, email, or fax) you will not be paid, regardless of whether or not you correctly used the call-in system.

Just as Fraser requires your time card for payment, Medical Assistance (a primary source of funding for most of our families) require client billing



forms for payment. These forms are mandated by the state and counties and can only be accepted when completed *exactly* according to the instructions.

Though it may seem a bit tedious remembering to fill out every line, every time, it's an important part of the process that allows us to provide care for our exceptional clients.

Things to remember before turning in your client billing forms

- Has the form been properly dated and the correct hours marked?
- If working in the PCA program, have you remembered to include your Provider ID and initialed all appropriate cares?
- Have all client billing forms been turned in for the pay period at hand?
- Have you remembered to mark single/dual care?
- Has the form been signed and dated by both the staff and responsible party?

Thank you for your continued good work and attention to detail when filling out these very important forms!

Connect 4 Rec

The Home & Community Supports Division is excited to announce a new Saturday respite program, Connect 4 Rec, being piloted this summer (beginning July 18th) to HCS families.

"We really want it to be an inclusive environment," said Molly Slovník, Program Coordinator

Connect 4 Rec is a respite care program that provides an opportunity for individuals to connect with one another socially for recreation in a safe and interactive group setting. This inclusive program is tailored to meet the unique needs of individuals in the program. The intent is also to provide a break for the primary caregiver/s.

Paid for through the DD Waiver, CDCS, Consumer Support Grant, or privately, Connect 4 Rec provides full day (9am-5pm) or half day (from 9am-1pm or 1pm-5pm) care for individuals with typical or special needs from 3-12 years old.

Connect 4 Rec will be supervised by a coordinator with a Bachelor's degree and minimum of two years experience in developmental disabilities services. The coordinator will supervise and train staff who will provide care at a 1:3 or 1:4 ratio of staff to clients, depending on the needs of the individual.

The program will have themed days, field trips and activities to provide individualized support to meet sensory, communication, and behavior needs. For those requiring specific support, there will be a structured daily schedule with visual supports.

The program will be held at Fraser School (2400 West 64th Street, Richfield, MN 55423). If you have any questions or are interested in enrolling in Connect 4 Rec, please call 612-767-5150.

Meet Your Human Resources Representative—Chayse Henrie

Arriving at the Hennepin Square offices of our division, the first face you're likely to see is Chayse Henrie, more than likely sporting a smile and an "Oh, hi!" laced with a slight southern drawl emanating from Utah.

Chayse has been the HR Rep for our division for over 2 years. He started at Fraser Administration as an administrative assistant and, pushed by devotion and drive, was promoted time and time again to his current position as a Senior Human Resources Representative, in charge of all of the recruiting, interviewing, and hiring for

the division. Last year alone, he hired 120 DSPs, roughly one every 3 days.

Outside of work, Chayse is an avid stained glass artist. He loves working with his hands from decorative crafts to home remodeling, which has led to his recent enrollment as a volunteer for Habitat for Humanity.



Workshops for Parents and Professionals

"Play to Talk"

Play to Talk is a recurring workshop hosted by Fraser for parents, family members or care providers of children up to age 18 who:

- Are "late to talk"
- Stay alone or avoid others and/or have difficulty developing friendships
- Rarely communicate with sounds
- Talk more to themselves than to others
- Dominate conversations

Fraser autism expert Andy Paulson, PhD, leads this workshop that teaches strategies to help children of any age develop essential skills for social interactions. Attendees will learn how to turn everyday activities and social interactions into opportunities to foster language development, relationship skills and positive behavior without taking the fun out of being together.

The next workshop is Monday, June 22, 9:30 – 11:00 am at Fraser Child and Family Center. Registration is \$30. For more info call 612-728-5399 ext. 456 or email workshops@fraser.org.

Ask A Coordinator

Dear Coordinators,

My client just requested to be my friend on Facebook, can I accept him?

Social networking sites are all the rage right now. What we need to remember is that when we provide services to clients, we are entering into a professional relationship. Oftentimes, Facebook and other social networking sites contain very personal information about ourselves. Sometimes, the information found on Facebook is not appropriate for professional relationships. If a client asks to friend you, reject the friend request and send them a polite note letting them know that a professional boundary needs to be maintained between Direct Support Professional and Client.

Dear Coordinators,

What's the difference between PCA and Respite?

A: Essentially, the difference lies in funding and purpose. PCA services are funded by MA, TEFRA, or a waiver. Respite care can only be purchased with a Waiver or Consumer Support Grant.

In service, PCA bills for providing specific cares (activities of daily living or instrumental activities of daily living). In PCA it's necessary to always provide these specific cares whether it's verbally cueing, physical assistance, etc. Respite is different in that provides a break for the caregiver by allowing them to take time away from caring for the individual needing services.

Caught Caring

"Sarah is a great communicator and always has my son's best interest at heart. Sarah is so gentle with my son and can redirect him to get the task done. My son expressed to me after Sarah left, he will miss her. He stated, "I love her, Mom." Keep up the good work!" Louise, Fraser client/family member

Caught Caring is a great way to recognize your staff or co-workers. Simply fill out a Caught Caring Card, obtained from any Fraser office or found online at Fraser.org and submit. Remember to notify the person you've "caught" caring.

The person you have nominated will be placed in a weekly drawing for a \$25 gift card to Target and receive recognition on Frasernet.

Bright Ideas

Hey Employees! Bright Ideas are YOUR opportunity to change the way Fraser works. If there are ways you think that Fraser could better serve our clients and staff, submit a "Bright Idea" via Frasernet or with a card from any Fraser office.

Some recently submitted Bright Ideas that are being developed include:

- Set up an activity night for DSPs and their clients to get together for fun, games, and socialization
- Create an intern position for the division, allowing the individual to work as a DSP and in the office, creating a broad understanding of the PCA system

June Employee Quarterly Meeting Pre-Cap

On June 3rd (6:30-9:00pm) and 4th (9:30am-12:00pm), the Home & Community Supports Division will hold our Quarterly Employee Meeting at Normandale Lutheran Church (6100 Normandale Road, Edina, MN 55436).

At this meeting, we will be re-



vealing our Employees of the Quarter, winners from our payroll drawing, and upcoming events from Fraser Training U.

Fraser CEO Diane Cross will be joining us at the meetings to deliver her speech detailing the history of Fraser and current status of the organization along with *Fraser Forward*,

the 2009-2013 5-Year Strategic Plan.

Finally, this meeting will train staff officially on the new call-in payroll system. With the aid of coordinators, you'll be able to practice logging in and ask any last-minute questions you have. Because of the nature of this change, it's very important that you attend this vital training. We look forward to seeing you there!



2021 East Hennepin Avenue
 Suite 402
 Minneapolis, MN 55413

Home-Based Services Contact Information

Sheila Grisim, Director of Home & Community Supports	sheilag@fraser.org	612-767-5170
Jessica Enneking, Program Manager, HCS	jessicae@fraser.org	612-767-5166
Jenn Branzovsky, LSW, PCA Coordinator	jennb@fraser.org	612-767-5163
Molly Slovnik, Bilingual Waiver Coordinator	mollyes@fraser.org	612-767-5169
Deb Konechne, RN, Bilingual PCA Coordinator	deborahk@fraser.org	612-767-5164
Jessi Bergh, LGSW, Waiver Coordinator	jessib@fraser.org	612-767-5168
Nix Wurdak, Staffing & Administrative Coordinator	nicolew@fraser.org	612-767-5177
Address: Fraser, Suite 402, Hennepin Square	Main Number 612-767-5150	
2021 East Hennepin Ave, Minneapolis, MN 55413	Fax Number 612-767-5176	

Contact Us!

If there is anything you'd like to see in our Quarterly Newsletter or have a question you'd like to "Ask a Coordinator," please contact Nix Wurdak at 612-767-5177 or at nicolew@fraser.org