

Fraser[®] Autism Resource Directory

For Individuals Birth through 11



www.fraser.org

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INTRODUCTION

This resource directory is for families and caregivers of young children with autism spectrum disorders (ASD).

Whether your child is just beginning the assessment process or already receives services, you undoubtedly will have questions. You will get a lot of information from many sources – perhaps *too much* information! It is time consuming and can be confusing to sort through and decide what is best for your family. We hope that this guide can be a valuable tool in your family's journey. We also hope that having this information all in one source will provide you with more time for the important things in life – you and your family.

No single booklet can tell you everything you need to know. In an effort to be comprehensive but not overwhelming, this information is intended to be a starting point.

You will need to ask many questions along the way and should insist on answers that you understand. As you create partnerships with the people who specialize in services for young children with special needs, keep your child's and family's needs in mind. Ultimately, you are the case manager for your child and his/her best advocate.

Please note that the county services in this document are outlined according to Hennepin County services and the school services are outlined according to Minneapolis Public School programs. If you live outside these boundaries, contact your area school district and county for help.

The resources included are for your information and do not constitute any recommendation or guarantee by Fraser.

Although the focus here is on young children with autism spectrum disorders, the service systems described apply to all young children with special needs.

If you have comments, updates or ideas for future revisions of this resource guide, please mail them to:

Fraser @
2400 West 64th Street
Richfield, MN 55423
Email: directory@fraser.org

This directory can also be found online at <http://www.fraser.org/Resources/Fraser-Expertise---Information>

Assessment and Evaluation

Educational Label

A team of public school educators will evaluate your child to determine his/her eligibility for special education services. Criteria for all special education categories, including autism spectrum disorders, are spelled out in the Education State Criteria used across Minnesota. If your child has been diagnosed with an autism spectrum disorder from an outside clinician, the educational criteria still needs to be confirmed by the school team using the education state criteria. Purpose: the purpose of an educational label is to help parents and educators understand how the child learns and to give insight to behavior and disorder. A label of ASD can also open the door to additional supports and services.

Criteria	Type of Agency	Assessment Team	Contact Person	Assessment Process
Home-based assessment (Birth to 3 years of age)	School District Early Childhood Special Education (ECSE)	Licensed school psychologist, special education teacher, speech therapist, occupational therapist, autism specialist and parent. Staff involvement may include formal testing and/or record review. The level of staff involvement depends on the needs of the child.	Contact MN Help Me Grow to find your local referral source http://www.parentsknow.state.mn.us/parentsknow/Newborn/HelpMeGrow_SpecialNeeds/ReferChild/index.html?redirectNodeId=Newborn 1-866-693-GROW (4769) Anoka Help Me Grow: 763-323-5437	<ol style="list-style-type: none"> 1. MN Help Me Grow makes a referral to School District for screening and assessment. 2. Assessment completed by school team. If no medical diagnosis exists, referrals may be made to a school psychologist for evaluation for an educational label of autism. 3. Assessment team determines the child's eligibility for ECSE services. 4. A team meeting is held with family and a written plan (IFSP) is developed.
Center-based assessment (Age 3 by September 1 through kindergarten)	School District Early Childhood Special Education (ECSE)	Licensed school psychologist, special education teacher, speech therapist, occupational therapist and parent.	Contact MN Help Me Grow to find your local referral source http://www.parentsknow.state.mn.us/parentsknow/age3_5/index.html 1-866-693-GROW (4769)	<ol style="list-style-type: none"> 1. MN Help Me Grow makes a referral to School District for screening and assessment. 2. Assessment team observes child in natural environment (home, preschool) 3. Assessment team determines eligibility for services and placement options. 4. Team meeting is held with the family and a written plan (IEP) is developed.

Medical Diagnosis

A medical diagnosis is assigned by a psychologist or psychiatrist who specializes in working with children with developmental differences. Criteria established by the psychological and medical community are used to support diagnoses within the broad category of Pervasive Developmental Disorder, which includes autism. Purpose: a medical diagnosis of autism may lead to recommendations for a broad range of interventions beyond the educational realm. These may include referrals for neurologists, private rehabilitation services, county social services, financial support, family support and guidance, therapy, etc.

Agency	Assessment Team	Contact Person	Assessment Process
Fraser www.fraser.org	Team of mental health professionals and autism specialists	Intake coordinator (612) 767-7222 multiple locations	<ol style="list-style-type: none"> 1. Parents and child attend three-hour assessment at the center. 2. First hour is spent interviewing family. 3. Second hour, testing/observation/interview 4. Last hour, findings and recommendations are shared with the family.
The Alexander Center – Park Nicollet www.parknicollett.com/Alexandercenter/	Psychologist, M.D., therapists	952-993-2498	<ol style="list-style-type: none"> 1. Assessment of children with developmental and behavioral disorders. 2. Consultation with schools, individual family counseling and education.
University of Minnesota Autism Spectrum and Neurodevelopmental Disorders (ASD) Clinic	Psychiatrist, psychologist, M.D.	612-625-7466 www.med.umn.edu/peds/clinneuro/home.html	Provide assessment and diagnosis.
Sheila Merzer & Associates	Licensed psychologists	952-928-7811	Provide assessment and diagnosis.
Dr. Raymond Tervo Dr. Kim McConnell www.gillettechildrens.org	Developmental Pediatrician	651-291-2848 Gillette Children’s 200 E. University Ave. St. Paul, MN 55101	Provide assessment and diagnosis.
Counseling Psychologists of Woodbury, P.A. Robin McLeod, PhD, LP	Psychologists	7582 Currell Blvd, # 108 Woodbury, MN 55125 (651) 739-7539 www.cpwmn.com	Assessment, therapy, social skills

Treatment and Intervention Agencies

Early Childhood Special Education

Agency	Services/Programs	Contact Information
Fraser [®]	<ul style="list-style-type: none"> • Center-based ECSE services • Speech, occupational, music and physical therapies • Health services, respite care and home services • Inclusive preschool for children with typical or special needs 	Fraser School 2400 W. 64 th St. Minneapolis, MN 55423 612-861-1688 www.fraser.org
Minneapolis Public Schools	<ul style="list-style-type: none"> • Home-based intervention • Center-based ECSE classroom • Toddler and preschool center-based classroom for children who demonstrate autism spectrum behaviors • Community preschool in a typical preschool setting • Other services may include speech and occupational therapy, depending on the needs of the child 	To begin intake process, contact 612-348-4111. For program questions, contact the Director of Special Education, Ann Fox, 612-668-5402 www.mpls.k12.mn.us

Day Treatment

Agency	Services/Programs	Contact Information
Fraser [®] Fraser Autism Program	Includes one-to-one treatment sessions and group interventions in a therapeutic setting. Psychology, occupational therapy, speech therapy and music therapy are integral components of the program. Separate programs are available for toddlers and preschoolers.	Minneapolis: 3333 University Ave. S.E. Anoka: 2829 Verndale Avenue, Suite 3 Bloomington: 1801 American Boulevard East, Suite 1 612-767-7222 www.fraser.org
St. David's Center for Child and Family Development	Includes one-to-one treatment sessions and group interventions in a therapeutic setting. Psychology, occupational therapy, speech therapy, and music therapy are integral components of the program.	3395 Plymouth Rd. Minnetonka, MN 55305 952-548-8700 www.stdavidscenter.org

Inclusive Preschool

Agency	Services/Programs	Contact Information
Fraser School [®]	Offers a variety of services for children, including integrated preschool, rehabilitation services, health services, respite care, Ready 4K curriculum and home services for children with disabilities.	2400 W. 64 th St. Minneapolis, MN 55423 612-861-1688 www.fraser.org
St. David's Center for Child and Family Development	Offers a variety of services for children, including integrated preschool and home services for children with disabilities.	3395 Plymouth Rd. Minnetonka, MN 55305 952-548-8700 www.stdavidscenter.org

Behavioral Training

Behavioral Training Agency	Services/Programs	Contact Information
Autism Matters		www.autismmatters.net Autism Matters, Inc. Minnetonka, Rogers Ph: 952-544-0349
Behavioral Dimensions Inc.	Provides short and long-term consultation, counseling and therapy, IBI- intense behavioral intervention.	7010 Highway 7 St. Louis Park, MN 55426 952-814-0207 www.behavioraldimensions.com
Behavioral Therapy Solutions of MN	Evaluations, in-home ABA	700 Commerce Drive, Ste. 260 Woodbury, MN 55125 651-328-6280 www.btsofmn.com
Brih Design, LLC	Brih Design is a small, private consulting firm. They provide support and services to people who exhibit difficult (to manage) behaviors.	6066 Shingle Creek Parkway PMB 172 Brooklyn Center, MN 55430 763-560-1614 info@brihdesign.com www.brihdesign.com
Fraser [®]	Mental health practitioners provide short-term family, group or individual skills training. Behavioral aides work one-on-one with a child to improve skills and implement individual behavior plan goals. This helps to replace inappropriate skills with developmentally and therapeutically appropriate daily-living, social and recreational skills.	Fraser 3333 University Ave. S.E. Minneapolis, MN 55414 612- 767-7222 www.fraser.org
Helena Family Support Autism Therapy Center	Half-day therapy and skills training programs for children two to seven.	5301 east River Rd. NE, Ste. 110 Fridley, MN 55421 763-432-3926 www.minnesotaAutismTherapy.com
Holland Center	Center-base verbal behavioral intervention program. Also has a focus on gluten-free/casein-free diet.	10273 Yellow Circle Dr. Minnetonka, MN 55343 952-401-9359 www.hollandcenter.com
The Lazarus Project	Center-based cooperative serving children 2-9 years old with intensive early intervention, applied behavior therapy.	3021 Harbor Lane N Suite LL105, Plymouth MN 55447 763-519-1197 www.lazarusprojectmn.org
Lovaas Institute for Early Intervention (LIFE) Midwest, Inc.	Home-based ABA intervention program. Clinical Director: Eric Larsson, PhD	LIFE Midwest Treatment Headquarters 2925 Dean Pkwy., Suite 300 Minneapolis, MN 55416 612- 925-8365 www.lovaas.com
Minnesota Autism Center (MAC) 5 locations	Services include behavioral therapy, home-based early intervention, center based intervention and consultation with schools and other agencies.	Minnesota Autism Center 5710 Baker Road Minnetonka, MN 55345 Office - 952.767.4200 www.mnautism.org Minnetonka, Eagan, Rochester, Woodbury, Mankato

Behavioral Training Agency	Services/Programs	Contact Information
Minnesota Early Autism Project (MEAP)	MEAP provides in-home IEBT (intensive early behavior therapy) services for children with an autism spectrum disorder from ages 0-6 years who live in the Twin Cities metropolitan area.	Minnesota Early Autism Project, Inc. 7242 Forestview Lane North Maple Grove, MN 55369 Office: 763.425.0792 Fax: 763.425.4615 www.meapkids.org
Partners in Excellence (PIE) 4 locations	Provides center-based, 1:1 and small group ABA and AVB therapy services, focusing on early intervention. PIE also offers Occupational Therapy services available at both sites.	Burnsville, N St. Paul, Edina, La Crosse, WI 952-746-5350 www.partnersmn.com
Rochester Center for Autism, Inc. (RCA)	Center-based ABA (Applied Behavior Analysis) program providing one-on-one therapy and behavioral intervention for children with Autism Spectrum Disorder, Pervasive Developmental Disorder (PDD), and Asperger's Syndrome	3640 9th Street NW Rochester, MN 55901 507-424-3234 www.rcautism.com
University of Wisconsin- Eau Claire Campus Autism Program	Provides center-based behavioral intervention. Focus of the program is Applied Behavior Analysis	Dr. Kevin Klatt, PhD, B.C. B.A. 275 Hibbard Hall Psychology Department University of Wisconsin- Eau Claire Eau Claire, WI 54702 Email: klattkp@uwec.edu 715-836-3995 www.uwec.edu/psyc
Wisconsin Early Autism Project (WEAP) Eau Claire Clinic	Provides in-home early intensive behavioral intervention for young children with autism throughout Wisconsin, will also provide services outside of Wisconsin	608-662-WEAP(9327) www.wiautism.com

Therapy Service Providers

PT = Physical Therapy; OT = Occupational Therapy; Sensory = Sensory Integration; Listening = Therapeutic Listening; Music = Music Therapy; SS = Social Skills;
FF = Fast ForWord; H₂O = Water Therapy; Tech = Assistive Technology Assessments; Sib = Sibling Workshops

Therapy Service Providers	Speech	PT	OT	Sensory	Listening	Music	SS	Dance	Writing	Feeding	Yoga	FF	H ₂ O	Tech	Sib	ILS	Address	Telephone and Website	Ages Served
A Chance to Grow	X	X	X	X	X									X			1800 2 nd Street NE Minneapolis, MN 55418	612-789-1236 www.actg.org	Up to 18
Advance Therapy	X	X	X	X	X		X		X	X							Rice Lake Professional Center 6776 Lake Drive Suite 170 Lino Lakes, MN 55014	651-784-7007 www.advancetherapy.org	Up to 12
Alexander Center	X						X										8455 Flying Cloud Dr Ste. 205 Eden Prairie, MN 55344	952-993-2498 http://www.parknicollet.com/SpecialtyCenters/Alexander-Center	3 and up
Arc Greater Twin Cities															X		2446 University Avenue W Suite 110 St. Paul, MN 55114	952-920-0855 www.arcgreatertwincities.org	5 to 18
Associated Speech & Language Specialists	X						X			X		X					St. Paul, Shoreview, Maplewood, Plymouth	651-225-4558 www.associatedspeech.com	Up to 18
Autism Matters	X																Minnetonka, Rogers	952-544-0349 www.autismmatters.net (ABA/VB programming)	
Autism Therapy Center							X								X		5301 E River Rd NE, #110 Fridley, MN 55421	763-432-9326 www.MinnesotaAutismTherapy.com	2-7
Capernaum Place	X	X	X	X	X		X	X	X	X		X	X			X	Edina, New Hope, Big Lake	952-285-2840 www.capernaumpeds.com	Up to 18
Children's Hospital & Clinics	X	X	X														Multiple Metro Locations	612-813-6000 www.childrensmn.org	Up to 18
Rehab Clinic at Children's Hospital (Minneapolis)	X	X	X		X					X							Children's Specialty Center Bldg 2530 Chicago Ave S Minneapolis, MN 55404	612-813-6709 www.childrensmn.org	
Developmental and Rehab Services at St Paul Children's Hospital	X	X	X		X					X							347 N Smith Avenue Ste 402 St. Paul, MN 55102	651-220-6446 www.childrensmn.org	

Therapy Service Providers	Speech	PT	OT	Sensory	Listening	Music	SS	Dance	Writing	Feeding	Yoga	FF	H ₂ O	Tech	Sib	I,LS	Address	Telephone and Website	Ages Served
Children's Theraplay	X	X	X	X			X			X							Maplewood, Plymouth	651-773-0354 www.childrenstheraplaymn.com	Up to 18
Children's Therapy Center	X	X	X	X	X					X							Apple Valley, Eagan	952-997-2823 www.childrenstherapyctr.com	Up to 18
Courage Center Multiple locations	X	X	X	X					X	X			X	X			Headquarters: 3915 Golden Valley Road Golden Valley, MN 55422	763-588-0811 www.courage.org	All ages
Expressions in Motion	x						x										Speech Therapy Center 1226 East 4th Ave., Suite 160 Shakopee, MN 55379	952-212-0385 www.expressionsinmotion.com	
Fairview	X	X	X	X									X	X			Multiple statewide locations	1-800-824-1953 www.fairview.org	
Family Achievement Center	X	X	X	X	X		X		X	X		X	X	X			8320 City Centre Dr., Suite G Woodbury, MN 55125	651-738-9888 www.familyachievement.com	All ages
Family Speech & Therapy Services	X		X							X							Andover, Elk River	763-755-4275 www.familyspeech.com	All Ages
Functional Kids Clinic	X		X	X			X			X							2495 Maplewood Dr., #313 Maplewood, MN 55109	651-770-8884 www.functionalkids.com	Up to 18 SS = elementary & middle school
Fraser	X	X	X	X	X	X	X			X	X				X		Anoka, Bloomington, Minneapolis, Richfield	612-767-7222	Up to 7 SS = for 7 to 24
Gillette Children's Specialty Healthcare – Also animal assisted thx	X	X	X	X						X			X	X			Multiple locations Main Location: 200 E University Avenue St. Paul, MN 55101	651-291-2848 800-719-4040 (toll-free) www.gillettechildrens.org	All ages
Kenny Kids Allina Hospital/Clinics	X	X	X	X			X		X	X			X				800 E 28 th Street Minneapolis, MN 55407	612-863-4200 www.sisterkennyinstitute.com	Up to 18
Kids Abilities Pediatric Therapy	X	X	X	X	X		X		X	X			X	X			Shoreview, Hugo	651-451-3016 www.kidsabilities.com	All ages
Kid Talk	X	X	X		X				X	X		X					Victoria, Prior Lake	952-443-9888 www.kid-talk.com	Up to 18

Therapy Service Providers	Speech	PT	OT	Sensory	Listening	Music	SS	Dance	Writing	Feeding	Yoga	FF	H ₂ O	Tech	Sib	ILS	Address	Telephone and Website	Ages Served
Kidspeak, Ltd.	X		X							X							6936 Garland Ln N. Maple Grove, MN 55311 (Services provided in-home: Metro and Buffalo)	763-416-9313 www.kidspeakltd.com	Up to 18
MacPhail Center For Music						X											Apple Valley, Minneapolis, White Bear Lake	612-321-0100 www.macphail.org	All ages
Methodist Hospital	X	X	X														6500 Excelsior Blvd St. Louis Park, MN 55426	952-993-5000 www.parknicollet.com/methodist	All ages
Metro Therapy Special Children's Clinic, Inc.	X		X	X						X							5155 East River Road, Suite 403 Fridley, MN 55421	763-572-2519 www.metrotherapyscc.com	All ages
NovaCare Rehabilitation			X														Multiple Locations	www.novacare.com/markets/Minnesota	All ages
Nature's Edge Therapy Center	X																2523 14 ¾ Avenue Rice Lake, WI 54868	715-859-6670 www.naturesedgetherapycenter.org	
North Memorial (multiple locations)	X	X	X		X		X			X		X					Robbinsdale, Maple Grove, Elk River	763-520-5200 www.northmemorial.com	All ages
PACT Institute (Pediatric Autism & Communication Therapy)	X		X				X					X				X	908 Mainstreet Hopkins, MN 55343	952-224-0707 www.pactinstitute.com	Up to 7
Partners in Excellence			X														Burnsville, N St Paul, Edina, LaCrosse, WI	www.partnersmn.com	1-10
Rosenberg Center	X		X	X													1935 County Road B2, Suite 100 Roseville, MN 55113	651-636-4155 www.rosenbergcenter.com	
Speech & Language Connections	X																7231 Forestview Lane North, Maple Grove, MN 55369	763-315-6616 www.speechand language connections.com	
St. Cloud Hospital & Clinics (multiple locations)	X	X	X							X							1900 Centracare Circle St. Cloud, MN 56303	320-240-2100 www.centracare.com	All ages
St. Cloud Orthopedic Associates, Inc.		X	X														1901 Connecticut Ave S Sartell, MN 56377	320-259-4100 www.stcloudorthopedics.com	All ages
St. David's Center for Child & Family Development	X	X	X	X		X	X		X	X							3395 Plymouth Avenue Minnetonka, MN 55305	952-548-8700 www.stdavidscenter.org	Up to 9

Therapy Service Providers	Speech	PT	OT	Sensory	Listening	Music	SS	Dance	Writing	Feeding	Yoga	FF	H ₂ O	Tech	Sib	ILS	Address	Telephone and Website	Ages Served
St. Francis Capable Kids	X	X	X	X					X	X			X				Chaska, Shakopee	952-428-1265 http://www.stfrancis-shakopee.com/services-capable-kids-services.html	Up to 7
South Metro Theraplay	X		X														314 Main Street E Suite 3 New Prague, MN 56071	952-758-5775 www.southmetrotheraplay.com	Pediatric
St. Croix Therapy	X	X	X	X	X		X		X	X		X	X			X	742 Sterbenz Drive Hudson, Wisconsin 54016	715-386-2128 www.stcroixtherapy.org	All ages
Success in Motion			X	X													Ivy Building for the Arts 2637 27 th Ave. S. Minneapolis, MN 55406	612-250-5097 www.successinmotiontherapy.com	
Sunny Days Therapy			X	X													10273 Yellow Circle Drive or 11606 Wayzata Boulevard Minnetonka, MN	952-223-2506 www.sunnydaystherapy.com	Up to 8
Therapy Junction	X		X	X	X					X			X				14130 23 rd Avenue North Plymouth, MN 55447	763-383-7666 www.therapyjunction.net	
The Therapy Place	X	X	X	X	X	X	X		X	X	X	X				X	900 W 94 th Street Bloomington, MN 55420	952-885-0418 www.thetherapyplace.net	
Therapy for Me!	X	X	X	X			X	X	X	X							Bryant Lake Business Center 7570 Market Drive Eden Prairie, MN 55344	952-944-0240 www.therapyforme.net	Up to 15
The Yoga Bridge from Wings to Soar, LLC				X		X	X		X								St. Paul, MN	612-296-6449 www.wings-to-soar.com	
University of Minnesota Children's Hospital	X	X	X	X									X	X			Mayo Building 420 Delaware Street SE 4 th Floor, Room B417 Minneapolis, MN 55455	To schedule an appointment at any metro area clinic 612-273-2897 www.fairview.org	Up to 18
West Metro Learning Connections							X									X	Edina, Excelsior	952-322-7922 (Edina) http://www.wmlc.biz/	4 to 30

Therapy Service Providers	Speech	PT	OT	Sensory	Listening	Music	SS	Dance	Writing	Feeding	Yoga	FF	H ₂ O	Tech	Sib	ILS	Address	Telephone and Website	Ages Served
Majestic Hills Ranch – Vicki Benson	Therapeutic horseback riding for children with special needs																24580 Dakota Ave Lakeville, MN 55044	(952) 426-5888 http://majestichillsranch.com/	2-18
Half Pint Horse Foundation	Therapeutic horseback riding for children with special needs																9787 Cavell Cir. Bloomington, MN 55438	612-802-6209 www.halfpintahorses.com	7-12
Art 4 All, LLC	Mneme Therapy																Greater Twin Cities	763-785-7048 www.ArtWithoutBoundaries.net/LH.html	
Natures Edge Therapy Center	We offer outpatient and inpatient PT, OT, and ST services on a unique ranch setting using integrative treatment techniques including hippotherapy, animal assisted therapy, horticulture therapy, and traditional treatment techniques.																2523 14 ¾ Avenue Rice Lake, WI 54868	715.859.6670 Email: naturesedge@citizens-tel.net Website: www.naturesedgetherapycenter.org	

Healthcare Providers

Developmental Pediatricians

Clinic/Hospital –Dev. Peds.	Physician	Address	Telephone/Web
Children’s Specialty Clinic Minneapolis	Dr. Dan McLellan	2525 Chicago Ave. S. Minneapolis, MN 55404	612-813-6777 www.childrensmn.org
University of Minnesota Medical Center Autism Spectrum and Neurodevelopmental Disorders Clinic	Dr. Michael Reiff	717 Delaware St. SE Suite 340 Minneapolis, MN 55414	612-625-3617 www.uofmmedicalcenter.org
Gillette Children’s	Dr. Raymond C. Tervo	200 University Ave. E. St. Paul, MN 55101	651-229-3818 www.gillettechildrens.org
Gillette Children’s Specialty HealthCare Clinic	Dr. Kim McConnell	6060 Clearwater Drive Minnetonka, MN 55343	952-936-0977 www.gillettechildrens.org
HealthEast Maplewood Clinic	Dr. Sarah O. Colwell Janet Mims M.S., CNP	3100 Kennard St. Suite 100 Maplewood, MN 55109	651-232-7800 www.healtheast.org
Mayo Clinic	Dr. Virginia V. Michels	200 – 1 st St. S.W. Rochester, MN 55905	507-284-2111 www.mayoclinic.org/rochester
Park Nicollet Medical Center – Bloomington (Alexander Center) Patients primary with Park Nicollet	Dr. Jennifer Lessin	8455 Flying Cloud Dr. Eden Prairie, MN 55344	952-993-2498 http://www.parknicollet.com/SpecialtyCenters/Alexander-Center
Health Partners – Riverside	Dr. W. Brooks Donald	2220 Riverside Ave. South Minneapolis, MN 55454	952-967-7175 http://www.healthpartners.com/locator/HPClinics/specialty/location/detail.do?locationId=280

General Pediatricians

Clinic/Hospital - General	Physician	Address	Telephone/Web
Children’s St Paul Pediatric Clinic		347 N Smith Ave. Ste 302 St. Paul, MN 55102	651-220-6700 http://www.childrensmn.org/locations/saint-paul
Gillette Children’s	Dr. Nancy Kammer	200 University Ave. E. St. Paul, MN 55101	651-726-2654 www.gillettechildrens.org
Health Partners – Apple Valley	Dr. Shannon J. Parkos	15290 Pennock Ln. Apple Valley, MN 55124	952-967-7250 http://www.healthpartners.com/locator/HPClinics/specialty/location/detail.do?locationId=47
Health Partners – Riverside	Dr. W. Brooks Donald Dr. Mary Conroy	2220 Riverside Ave. South Minneapolis, MN 55454	952-967-7175 http://www.healthpartners.com/locator/HPClinics/specialty/location/detail.do?locationId=280
Health Partners – St. Paul	Dr. James Nordin	205 S. Wabasha St. Paul, MN 55107	952-967-5584 http://www.healthpartners.com/locator/HPClinics/specialty/location/detail.do?locationId=303

Clinic/Hospital - General	Physician	Address	Telephone/Web
Partners in Pediatrics - Maple Grove	Dr. Allen Kuperman	12720 Bass Lake Rd. Maple Grove, MN 55369	763-559-2861 http://www.pipstop.com/index.php/locations/maple-grove/
Fairview Clinics – University Children’s	Dr. Pamela Heggie Dr. Allison Golnik	2535 University SE Minneapolis, Mn 55414	612-672-2350 http://www.fairview.org/Clinics/Childrens/
Health Partners Riverside Clinic	Dr. Vivian Orey	2220 Riverside Ave S. Minneapolis, MN 55454	952-967-7175 – appointments http://www.healthpartners.com/locator/HPClinics/specialty/location/detail.do?locationId=280
Metropolitan Pediatrics	Dr. Timothy Johanson	1515 St. Francis Ave., Suite 100 Shakopee, MN 55379	Phone: 952-445-6700 http://metropeds.com/affiliations.html

Pediatric Neurologists

Clinic/Hospital	Physician	Address	Telephone/Web
Minneapolis Clinic of Neurology	Dr. Armantina Espinosa	675 E Nicollet Blvd. Suite 100. Burnsville, MN 55337	952-435-8516 www.minneapolisclinic.com
	Dr. Donald Chadwick	4225 Golden Valley Rd. Golden Valley, MN 55422	763-588-0661
	Dr. Allen Ingenito	3833 Coon Rapids Blvd, Suite 100 Coon Rapids, MN 55433	763-427-8320
The Minnesota Epilepsy Group	Dr. Michael Frost Dr. Frank Ritter	225 N. Smith Ave., Suite 201 St. Paul, MN 55102	651-241-5290 www.mnepilepsy.org
Noran Neurological Clinic	Dr. Lawrence Burstein	910 E. 26 th St., Suite 210 Minneapolis, MN 55404	612-879-1500 www.noranclinic.com
Gillette Children’s Specialty	Dr. Betty Ong	200 E. University Ave St. Paul, MN 55101	651-291-2848- http://www.gillettechildrens.org

Child Psychiatrists

Clinic/Hospital - Psychiatry	Physician	Address	Telephone/Web
Lee Carlson Center for Mental Health and Well-Being		7954 University Ave NE Fridley, Minnesota 55432	763-780-3036 www.leecarlsoncenter.org
Dr. David Opsahl private practice		Drew Professional Building 6525 Drew Ave South Edina, MN 55435	952- 920-6748 F 952-920-3863

Clinic/Hospital - Psychiatry	Physician	Address	Telephone/Web
Fairview Psychiatry Clinic	Dr. George Realmuto (ADHD/Autism)	2450 Riverside Ave, Suite F-275 Minneapolis, MN 55454	612-273-8700 http://www.uofmmedicalcenter.org/Clinics/PsychiatryClinic/
Health Partners Regions Behavioral Health	Dr. Elizabeth Reeve	640 Jackson St., Suite 2900 St. Paul, MN 55101	952-967-7992
Associated Clinic of Psychology	Dr. John Luehr	Main Office Lake Pointe Corporate Center 3100 West Lake Street, Suite 210 Minneapolis, MN 55416	www.acp-mn.com Phone: (612) 925-6033
Park Nicollet	Randi Norby, CNS Michael Feldman, MD Sencan Solay Unal, MD	3800, 3850 and 3900 Park Nicollet Blvd. St. Louis Park, MN 55416	www.parknicollet.com Main Line: 800 862 7412
Fairview Health Services, U of MN Amplatz Children's Hospital	Jonathan Jensen, MD	2450 Riverside Ave Minneapolis, MN 55454	www.fairview.org 888-KIDS-UMN
Prairie Care		Multiple sites across the metro area	https://www.prairie-care.com/clinicians/psychiatrists 763-383-5800
Plymouth Psych Group	Monika Heller, MD Israel Sokeye, MD	3021 Harbor Lane N, suite 206, Plymouth, MN 55447	http://www.plymouthpsychgroup.com/index.html 763-559-1640

Genetic Counselor

Clinic/Hospital – Genetic Counseling	Clinician	Address	Telephone/Web
Children's Hospital & Clinics St. Paul	Dr. Nancy Mendelsohn Dr. Mary Ella Pierpont Dr. Sarah Dugan Elizabeth Siqveland RN CNP Rebecca Olson RN CNP	2525 Chicago Ave South Minneapolis, MN 55404	www.childrensmn.org 612-813-7240 651-220-6885 612-813-7240 (612) 813-7076 612-813-7240
University of Minnesota Children's Hospital	Dr. Susan A. Berry	2450 Riverside Ave Minneapolis, MN 55454	612-367-6777 www.uofmmedicalcenter.org

Pediatric Ophthalmologists

Clinic/Hospital - Ophthalmology	Physician	Address	Telephone/Web
Associated Eye Care	Dr. Evan Ballard Dr. Keri Nebelsick Dr. Susan Schloff Dr. Ann Hickson	St. Paul, Stillwater, Woodbury	651-275-3000 800-846-1877 www.associatedeyecare.com
Edina Eye Physicians & Surgeons	Dr. S. Jafar Hasan	Edina, Burnsville	952-832-8100 www.edinaeye.com
Eye Care Associates	Dr. Anne Towey Dr. Shobana Murali Dr. Marian Rubinfeld	Minneapolis, Minnetonka, Osseo	612-338-4861 www.eyecare1.com
HCMC	Dr. Seth Silbert	716 South 7th Street Purple Building, Level 7 Minneapolis, MN 55415	612-873-6963 www.hcmcmn.org
Health Partners	Dr. Michael S. Floyd	8325 Season's Pkwy #103 Woodbury, MN 55125	952-967-7611 www.healthpartners.com
MN Lions Children's Eye Clinic	Dr. Jill S Anderson Dr. Erick D. Bothun Dr. Inge De Becker Dr. C. Gail Summers	Park Plaza Building, Third Floor 701 25th Ave S. Minneapolis, MN 55454	612-365-8350 http://www.uofmchildrenshospital.org/Clinics/MinnesotaLionsChildren%E2%80%99sEyeClinic/
Specialty Clinic for Children	Dr. Jill S Anderson Dr. Inge De Becker	Fairview Ridges Medical Bldg. 303 E Nicollet Blvd, #372 Burnsville, MN 55337	952-892-2910 http://www.uofmchildrenshospital.org/Clinics/SpecialtyClinicforChildren/index.htm
Northwest Eye Clinic	Dr. Richard Freeman	6060 Clearwater Dr, #150 Minnetonka, MN 55343	763-416-7600 www.nweyeclinic.com
Park Nicollet Clinics	Dr. Carla Wendler	St. Louis Park, Burnsville, Chanhassan	952-993-3150 www.parknicollet.com
St. Paul Eye Clinic	Dr. Todd Watanbe	St. Paul, Eagan, Maplewood, Roseville, W St Paul, Woodbury	651-738-6500 www.stpauleye.com
Southdale Eye Clinic	Dr. Erin Leverentz	6533 S Drew Ave Edina, MN 55435	952-927-7138 www.southdaleeyeclinic.com
Univ. of MN Ophthalmology Dept.		516 Delaware St SE Minneapolis, MN 55455	612.625.4400 http://www.med.umn.edu/ophthalmology/findus/home.html

Pediatric Sleep

Clinic/Hospital - Sleep	Clinician	Address	Telephone/Web
Children's Hospital Pediatric Sleep Clinic	Dr. Gerald Rosen,	Gardenview Medical Clinic Building, Children's St. Paul 345 N. Smith Ave. St. Paul, MN 55102	Phone: (651) 220-6258 www.childrensmn.org

Neuropsychologists

Clinic/Hospital - Neuropsychology	Clinician	Address	Telephone/Web
Children's Hospitals and Clinics Psychology Department	Dr. Johnathan Miller Jeremy Alden, PhD, LP Bonnie Carlson-Green, PhD, LP Julie Robinson, PhD, LP	2525 Chicago Ave. S Minneapolis, MN 55404 345 N Smith Ave St. Paul, MN 55102	612-813-6224 651-220-6721 www.childrensmn.org 651-220-6720 651-220-6753
Fraser ®	Dr. Kimberly Klein Dr. Sunita Nijhawan	Fraser Minneapolis 3333 University Ave. SE Minneapolis, MN 55114	612-767-7222 www.fraser.org
University of Minnesota Hennepin County Medical Center Neuropsychology Dept.	Dr. David Tupper	701 Park Ave. Minneapolis, MN 55415	612-873-6963 www.hcmc.org
Minneapolis Clinic of Neurology	Dr. Stephen Morgan (adult)	4225 Golden Valley Rd. Golden Valley, MN 55422	763-588-0661 www.minneapolisclinic.com
University of Minnesota Pediatric Neuropsychology Clinic	Dr. Elsa Shapiro Dr. Richard Ziegler	Pediatric Specialty Care Explorer Clinic East Building, Twelfth Floor 2450 Riverside Ave. Minneapolis, MN 55454	612-365-6777 – peds clinics family line
Psych Recovery	Mike Richardson MS, LP Neuropsychology	Court International Bldg 2550 University Ave W Suite 229N St. Paul MN 55114	(651) 645-3115 www.psychrecoveryinc.com

Psychologists

Clinic/Hospital - Psychology	Clinician	Address	Telephone/Web
Associated Clinic of Psychology	Mark Foster, MA, Psy D, LP	Main office: Lake Pointe Corporate Centre 3100 W. Lake St., Suite 210 Minneapolis, MN 55416-4510	612-925-6033 www.acp-mn.com
Fraser ®	Sue Pederson, MA, LP Pat Pulice, MA, LP Sylvia Ashley-Cameron, PhD, LP Brigitte King, PhD, LP Rachel Gardner, MA, LP Karin Hampton PhD, LP Kathryn McGraw-Schuchman MA, LP	Fraser Minneapolis Fraser Bloomington Fraser Anoka 3333 University Ave SE Minneapolis, MN 55114	612-767-7222 www.fraser.org

Clinic/Hospital - Psychology	Clinician	Address	Telephone/Web
Park Nicollet Clinic - Alexander Center	Dr. Stephen Olson	8455 Flying Cloud Dr. #205 Eden Prairie, MN 55344	952-993-2498 http://www.parknicollet.com/SpecialtyCenters/Alexander-Center
Pediatric Psychology Services	Thomson F. Davis, Ph.D., LP	3537 Lake Elmo Ave., Suite 190 PO Box 277 Lake Elmo, MN 55042	651-773-2010
Private Practitioner	Robert Johnson	2579 Hamline Ave. N. Suite D Roseville, MN 55113	651-628-0947
Private Practitioner	Cindy Nollette	6600 France Ave. S., Suite 635 Edina, MN 55435	952-922-5427
Private Practitioner Licensed Marriage and Family Therapist	Dr. Linda Zeeb-Burstein, Psy.D., LP, LMFT	430 Oak Grove, Suite 403 Minneapolis, MN 55403	612-871-8684
Sheila Merzer & Associates	Sheila Merzer	4820 Minnetonka Blvd. Suite 200 St. Louis Park, MN 55416	952-928-7811
Wiger & Associates, PA	Donald E Wiger	229 Jackson St. Suite 136 Anoka, MN 55303	651-983-0383 D. Wiger wigerpsy@gmail.com www.minnesotapsychevals.com

Pediatric Dentists

Clinic/Hospital – Dental	Dentist	Address	Telephone/Web
Dentistry for Children and Adolescents	Pediatric Dentist	multiple locations –	www.childrensdent.com Edina: 952-831-4400 Burnsville: 952-435-4102 Minnetonka: 952-
Metropolitan Pediatric Dental Association		St. Paul, Fridley, Eagan, North Oaks	St. Paul: 651-224-4969 Fridley; 763-786-4260 North Oaks: 651-484-8611 Eagan: 651-454-0334 www.metropediatricdental.com
Camp Smile Pediatric Dentistry	Dr. Daniel Raethu	West Health Medical Building 2855 Campus Dr. 3360 Plymouth, MN 55441	763-383-1788 http://www.campsmile.com/
Private Practitioner	Dr. Monica Kannard	250 Central Ave N., Suite 211 Wayzata, MN 55391	952-475-3135
University of MN Pediatric Dental Clinic		701 25 th Ave S, #400 Minneapolis, MN 55454	612-659-4900 umphysicians.org

Nutritionists/Feeding Clinics

Clinic/Hospital - Nutrition	Services/Clinician	Address	Telephone/Web
Capernaum Place	Feeding Groups OT, Speech, PT	Big Lake, Edina, New Hope	Big Lake: (763) 228-7540 New Hope: (763) 533-0363 Edina: (952) 285-2840 www.capernaumpeds.com
Children's Hospital and Clinics Mpls & St. Paul	Children's Feeding Clinic	2525 Chicago Ave. S Minneapolis, MN 55404 347 N. Smith Ave. St. Paul, MN 55102	651-220-6446 http://www.childrensmn.org/services/other-programs-and-services/other-programs-and-services-e-l/feeding-clinic
Fraser	Fraser Minneapolis Fraser School		612-331-9413 http://www.fraser.org/Our-Services/Therapy-Rehabilitation-Children/Feeding.aspx
Functional Center for Functional Medicine, Inc.	Dr. Richard Mayfield, DC, CCN, DACBN	7901 Xerxes Ave. S Bloomington, MN 55431	952-885-0822
Newbridge Clinic	Nutrition counseling, biomedical/ functional medicine	8200 Humboldt Ave. S. Ste. 301 Bloomington, MN 55431	612-730-2237
Nutritional Weight & Wellness	Nutritional Counseling	708 South Cleveland Ave St. Paul, MN 55116	651-699-3438 www.weightandwellness.com
		15600 Wayzata Blvd., Suite 209 Wayzata, MN 55391	952-345-0766 www.weightandwellness.com
		3596 Linden Ave SuiteB3 White Bear Lake, MN55110	651-773-0000 www.weightandwellness.com
Pain & Brain Health Center	Nutrition, Supplements, DAN Resources	1400 131 st Ave NE Blaine, MN 55449	763-862-7100
Rhythm of Health, Inc.	Dr. Paul Ratte'	8160 Coller Way, Suite A Woodbury, MN 55125	651-208-1084 www.rhythmofhealth.com
St. David's Center for Child & Family Development	Feeding Evaluations and therapy	3395 Plymouth Ave. Minnetonka, MN 55305	952-548-8700 www.stdavidscenter.org
ASD Nutrition Seminars & Consulting	Elizabeth Strickland, MS, RD, LD	P.O. Box 1495 Canyon Lake, TX 78133	830-855-8301 www.ASDpuzzle.com www.Eating-for-Autism.com
The Therapy Place	Feeding Evaluations and therapy	900 W 94 th St. Bloomington, MN 55420	952-885-0418 www.thetherapyplace.net
Wyndgate Health	Personalized vitamin and dietary programs	970 Raymond Ave. Ste. 101 St. Paul, MN 55114	651-493-4566 www.wyndgatehealth.com

Gastroenterologists (GI)

Clinic/Hospital - GI	Name	Address	Telephone/Web
Fairview Health Services	Robin Shannon, M.S., RN CPNP	Pediatric Specialty Care Discovery Clinic Third Floor 2512 S. 7th St. Minneapolis, MN 55454 612-365-6777	612-365-6777 www.fairview.org/providers
Minnesota Gastroenterology, P.A.	Dr. Michelle Kennedy Dr. David Ferenci	St. Paul Pediatric & Adult Clinic 2200 University Ave. W. Ste. 120 St. Paul, MN 55114	612-871-1145 www.mngastro.com

Gluten Free Resources

Resource Type	Name	Address	Telephone/Web
Meal Delivery Service	Mom's Meals	National delivery	1-866-204-6111 www.momsmeals.com
Bakery	Bittersweet Gluten Free Bakery	2105 Cliff Road Eagan, MN 55122	651-686-0112 www.bittersweetgf.com
Grocery Store	Fresh & Natural Foods	Located in Hudson, WI Shoreview, MN	www.freshandnaturalfoods.com

PCA and Respite Resources

Personal Care Attendant (PCA) Services

Personal care assistance services help a person with day-to-day activities in their home and community. PCAs help people with activities of daily living, health-related procedures and tasks, observation and redirection of behaviors and instrumental activities of daily living for adults. It is available to eligible people enrolled in a Minnesota Health Care Program.

Who can get PCA services?

You must:

- Enroll with Medical Assistance (MA), Minnesota Care expanded benefits, Alternative Care or a waiver program
- Make decisions about your care or have someone to make decisions for you
- Provide for your own health and safety or have a responsible party that is able to do so
- Live in a home or apartment, not in an institution
- Meet access criteria
- Have a PCA assessment to see if you qualify for services

What can a PCA do for me?

Visit PCA services policy for details on the four categories of service. PCAs provide services and supports to help you with:

- Activities of daily living
- Health related procedures and tasks
- Observation and redirection of behaviors
- Instrumental activities of daily living

Personal Care Attendant Agencies

As part of choosing a PCA provider agency, you must first decide between PCA Choice or Traditional PCA services. Traditional agencies hire, train, schedule and fire your staff. With the PCA Choice option, you have greater control over your staffing and an agency handles the financial matters. Once you decide on the type of agency, you must select a specific agency. For a list of providers, go to www.minnesotahelp.info and click on “Start a Search.” You can then search “PCA” or “PCA Choice” and narrow by geographical area.

Respite Care

Respite care provides short-term relief for the family member(s) or primary caregiver normally providing care. Services may be provided in the person’s home, licensed foster home or in a center-based setting. The goals of respite care are to reduce family stress by providing relief from day-to-day care and to enable families to care for their children at home. Respite Care is funded by the county in which the client resides, through waiver funds, or may be purchased privately. To determine eligibility, contact your county. Hennepin County residents can call the Front Door at 612-348-4111. For a list of providers statewide, go to www.minnesotahelp.info and click on “Start a Search.” You can then search “Respite” and narrow by geographical area.

Life Planning

Life Planning for Families of Children with Disabilities

There are many significant issues for which families of individuals with disabilities need to be very planful. You may have already experienced some anxious moments wondering what will happen if you become incapacitated or predecease your child with a disability. It's during these kinds of moments when you have undoubtedly asked yourself many questions including, "How will people know what to do for my child when I'm gone?"

As you consider these issues, it is important to seek the advice of professionals with expertise in the areas of law, financial planning and life planning. Trusted professionals can provide you with direction in the effective use of wills & trusts, the naming of successors, the establishment of guardianships, and the qualification for government benefit programs.

At Fraser, we periodically offer a seminar entitled *Life Planning for Families of Children with Disabilities* where we address these issues. Although we do not endorse planning firms or legal professionals, we have compiled a list (see below) of professional resources from which you may choose to seek advice.

Estate Planning and Guardianship Referral Contact Information

Contact	Agency	Address	Phone/Email
Rebecca Levine Jennifer Anderson	Thiel, Campbell, Gunderson, Anderson and Levine, P.L.L.P.	7301 Metro Blvd; Ste 630 Edina, MN 55439	952-920-0087 www.thielfirm.com
Craig Goldman	Goldman Law Office	7760 France Ave South; St 1100 Edina, MN 55435	952-886-7205 www.craiggoldmanlaw.com
David Schwandt, JD, CFP	PlanViser Financial	701 4 th Ave S, Suite #1500 Minneapolis, MN 55415	612-436-3755 www.planviser.com
Melissa Morris, MFG Special Care Planner	Minneapolis Financial	901 Marquette Avenue; Ste 2600 Minneapolis, MN 55402	612-492-9354 www.minneapolisfinancialgroup.com

Financial Planning Referral Contact Information

Contact	Agency	Address	Phone/Email
Jeff Jarnes	Fortune Financial	10261 Yellow Circle Drive Minnetonka, MN 55343	952-908-2525 www.fortunefin.com
David Schwandt	PlanViser Financial	1221 Nicollet Mall; Ste 400 Minneapolis, MN 55403	612-436-3755
Melissa Morris	Minneapolis Financial	901 Marquette Avenue; Ste 2600 Minneapolis, MN 55402	612-492-9354
Marcus A. Hubers, CFP®	Ameriprise Financial Services, Inc.	715 Old Highway 8 NW New Brighton, MN 55112	651-635-1715 Marcus.A.Hubers@ampf.com

Advocacy and Support Services

Support Agency	Description	Service and Programs	Contact Information
Arc Greater Twin Cities	Arc is a non-profit, volunteer-driven organization which provides advocacy and support services for people who have developmental disabilities and their families.	<p>Information & Referral - Call to receive information about developmental disability issues on topics such as county services, school issues, early childhood services.</p> <p>One-to-One Advocacy – Individuals and families can use an individual advocate when they are not receiving appropriate services in the areas of education, health care, case management, etc.</p> <p>Family Support – Families are given information and assistance in accessing resources and supports to enhance the family’s ability to meet the needs of the family member with a developmental disability.</p> <p>Leisure Advocacy and Support – An advocate can assist people who want to increase their knowledge of accessing the recreation and leisure activities in their community.</p> <p>Family-to-Family Network – Families who have members with developmental disabilities are matched with volunteer families who have had similar joys and concerns in raising a child with a developmental disability.</p> <p>Sibling Programs – Through games, activities and discussion, siblings learn about disabilities and explore their feelings about having a brother or sister with a disability.</p> <p>Advocacy Services –assistance accessing and planning services</p>	<p>Arc Greater Twin Cities 2446 University Ave. W., Suite 110 St. Paul, MN 55114</p> <p>952-920-0855</p> <p>www.arcgreatertwincities.org</p> <p>Wisconsin: 1-877- 272-8400 Toll Free www.arc-wisconsin.org</p> <p>ArcMinnesota www.thearcofminnesota.org</p>
Autism Society of Minnesota	The Autism Society of Minnesota is a chapter of the Autism Society of America. It is a grassroots, membership organization developed by parents and professionals committed to improving the lives of people with autism.	<ul style="list-style-type: none"> • Information and referral services • Clearinghouse for national research and intervention strategies, including a quarterly review for professionals • Educational services (newsletter, workshops, lending library, etc.) • Discovery Series, classes for parents of children recently diagnosed • Advocacy/assistance to individuals with autism and their families • Camp Hand in Hand, residential camp for children/young adults • Camp Discovery, residential camp for teens with Asperger’s • SIBSHOP for siblings of children with autism • Annual Minnesota Autism Conference • Parent Support 	<p>Autism Society of Minnesota 2380 Wycliff St., Suite 102 St. Paul, MN 55114-1146 651-647-1083 www.ausm.org</p>
Autism Society of Wisconsin	The mission of the Autism Society of Wisconsin is to improve the lives of all affected by autism in Wisconsin.	ASW is continuing to look forward to provide increased support and information to the autism community in Wisconsin. ASW sponsors an annual conference, a free quarterly newsletter, maintains a Wisconsin directory of people offering information/assistance, and provides information and referral. Currently there are local chapters in Appleton, Chippewa Valley, Green Bay, Madison, Milwaukee, Wausau and the Two Rivers/Manitowoc areas. The Autism Society of Wisconsin office is located in Two Rivers. The Milwaukee area chapter also maintains an office.	<p>Autism Society of Wisconsin 1477 Kenwood Dr. Menasha, WI 54952920-558-4602 1-888-428-8476 www.asw4autism.org</p>

Support Agency	Description	Service and Programs	Contact Information
Autismlink	Networking Web site for families and professionals	Chatroom, mentor program, services search	www.autismlink.com
BEAT MN	Networking link for parents interested in biological treatment options		beatmn@yahoo.com 651-275-1463
CADRE	The Center for Appropriate Dispute Resolution in Special Education (CADRE) works to increase the nation's capacity to effectively resolve special education disputes, reducing the use of expensive adversarial processes. CADRE works with state and local education and early intervention systems, parent centers, families and educators to improve programs and results for children with disabilities.	provides resources on mediation and conflict resolution, training materials, and directories listing trainers, conflict resolution professionals, and state information about mediation	http://www.directionservice.org/cadre/
Disability Linkage Line	Resources organized for people with disabilities	•	1-866-333-2466 (MN Relay 711) www.minnesotahelp.info
Disability Specialists, Inc.	This organization represents individuals who need support with Social Security Disability claims.	<ul style="list-style-type: none"> • Representatives come to your town to meet with you to explain Social Security's rules, making sure you understand how they apply to your claim. There is no fee to meet with a representative. • Work with medical providers to prove your claim. • Assist in the completion of Social Security and State Agency (DDS) forms. 	1-800-642-6393 www.disabilityspecialist.net
Family Voices	Organization of families of children, youth and young adults with special health care needs and disabilities helping other families navigate systems of care.	<ul style="list-style-type: none"> • Provides families information about community resources and supports • Connects families of children with special health care needs and disabilities with one another • Promotes patient and family-centered care including family and youth involvement in program and policy development, implementation and evaluation • Promotes cultural competence across all systems • Collaborates with other health and disability organizations and state agencies 	1-866-334-8444 www.familyvoicesofminnesota.org

Support Agency	Description	Service and Programs	Contact Information
Fraser®	Nonprofit organization serving children and adults with special needs through comprehensive education, healthcare and housing services. Fraser provides direct services, information and support.	<ul style="list-style-type: none"> • Parent Support Group for families of children with ASD. • Family Intervention: Parent/child guided interaction providing support for individual families. • Family Skills Training: In-home service to provide resources and support within home/community setting. • Sibling support: Private sessions for siblings of children with a developmental disorder • Trainings for parents and professionals 	Multiple locations www.fraser.org
Minneapolis Public Schools	Family support and Early Childhood Family Education Class for parents of very young children with Autism Spectrum Disorders.		Early Childhood Special Education 612-668-5100(general information) or 612-668-5402 (Ann Fox) www.mpls.k12.mn.us
Minnesota Disability Law Center (MDLC)	MDLC serves the state of Minnesota and addresses the unique legal needs of persons with disabilities. MDLC has been designated as the state's protection and advocacy system for persons with disabilities and receives federal funds for that purpose.	Legal Advocacy for Persons with Developmental Disabilities in Minnesota (DDA) – serves persons with developmental disabilities with onset of disability prior to age 22. DDA provides advice and legal representation on disability related matters such as special education, day training and habilitation services, county case management, discrimination, social services and Medical Assistance. Services are provided at no cost to the individual. There are no income guidelines.	Minnesota Disability Law Center 430 First Ave. N., Suite 300 Minneapolis, MN 55401-1780 612-332-1441 www.mndlc.org
Minnesota Special Education Mediation Service (MNSEMS)	Conflict resolution assistance for students, schools, parents and agencies	Facilitated IEP meetings keeping the focus on the process of developing an acceptable IEP and resolving any conflicts. Issues typically resolved in mediation include: identification, assessment and placement; program content, location and transportation; early childhood special needs; 504 accommodations/modifications; transition from high school	651-582-8222 1-866-4MNSEMS (toll free) http://education.state.mn.us/MDE/SchSup/ComplAssist/AltDispRes/index.html
Mothers United for Moral Support, Inc. (MUMS)	Informational newsletter and support for families of children with rare disorders or special needs.	MUMS has a matching program to connect families with other families with similar experiences.	MUMS, C/O Julie Gordon, 150 Custer Court, Green Bay, WI 54301 www.netnet.net/mums
Metro Crisis Coordination Program	Provides trainings for staff and parent support groups	The purpose of Metro Crisis Coordination Program (MCCP) is to work interdependently with individuals, private providers and public agencies in the Twin Cities metropolitan area to prevent crises that affect the residential and/or work (educational) placements of people with developmental disabilities or related conditions and to reduce the use of hospitalizations and civil commitments resulting from crisis situation.	18986 Lake Drive East Chanhassen, MN 55317 612.869.6811 www.MetroCrisis.org

Support Agency	Description	Service and Programs	Contact Information
Office of the Ombudsman for Mental Health and Mental Retardation	Independent state agency promoting the highest attainable standards of treatment, competence, efficiency and justice...for persons receiving services	You may call with: concerns or complaints about services, questions about rights, grievances, access to appropriate services, ideas for making services better, general questions or information concerning services for persons with mental disabilities. The Office tries to resolve concerns or complaints in a way that improves the quality of care clients receive.	Statewide: 651-757-1800 1-800-657-3506 Office of the Ombudsman for Mental Health and Developmental Disabilities 121 7th Place E, Ste 420 Metro Square Bldg St. Paul, MN 55101 www.ombudmhmr.state.mn.us
PACER Center	State-wide nonprofit organization that serves families of children and adults with disabilities. PACER's programs help parents become informed and effective representatives for their children.	Parents Helping Parents Program – Provides workshops, individual assistance and written materials to families of children and young adults with disabilities. Topics include special education, communication skills, transition and other topical issues. Project PRIDE – Informs and trains persons with disabilities, their family members, advocates and professionals about how to apply the newly amended Rehabilitation Act, state rules, and other legislation such as the ADA and Centers for Independent Living, to meet their transition, vocational and rehabilitation needs. PACER publishes three free newsletters, edits two electronic bulletins, maintains a catalog of publications and publishes <i>An Early Childhood Guidebook for Families of Young Children</i> , outlining the laws mandating early childhood services.	PACER CENTER 8161 Normandale Blvd. Minneapolis, MN 55437-1044 952-838-9000 800-537-2237 Electronic Bulletin Boards: SpecialNet ADA.INDEPENDENT www.pacer.org
Special Kid Care	A one-stop place where families will be able to easily find and navigate the possibilities for support, guidance and access to resources that are available to families with children with autism and other special needs.	<ul style="list-style-type: none"> • In-home provider directory • Community resource directory • Parent Network 	612-236-7177 www.specialkidcare.org
St. David's Center for Child & Family Development	A nonprofit organization providing services for families.	<ul style="list-style-type: none"> • Mom's Sharing Group • Resource Library • Trainings for parents and professionals 	952-939-0396 www.stdavidscenter.org
West Central Industries (Swift, Kandiyohi, Renville and Meeker Counties)	Designed to connect people to resources quickly and fill gaps in services, WCI's The resource Center Program is for children, teens or adults with challenges/ disabilities, for their families and for the professionals who serve them.	<ul style="list-style-type: none"> • Scholarships 	320-235-5310 trcp@wciservices.org www.westcentralindustries.com/trcp

Attorneys, Guardianship, Conservatorship and Trust Fund Resources

What is guardianship?

A legal arrangement under which a court appointed guardian has the legal right and duty to care for another person, the ward, because of the ward's inability to legally act on his or her own behalf due to minority or mental or physical incapacity.

What is conservatorship?

A conservatorship is similar to a guardianship except that the conservator who has been appointed by the court has powers and duties over the incapacitated person's estate.

Who are wards?

Wards are minors or incapacitated adults that have a court appointed guardian, lacking sufficient understanding or capacity to make or communicate responsible personal decisions and who have an inability to meet personal needs for medical care, nutrition, clothing, shelter or safety.

Who are protected persons?

Protected persons are those individuals who have had conservators appointed for them because they lack similar capacity and have demonstrated an inability to make decisions regarding their estate or financial affairs. See www.courts.state.mn.us/district/4/?page=452

The following is a list of attorneys who are knowledgeable in the area of Guardianship and Conservatorship. Some of these attorneys also accept payment of In Forma Pauperis (fees paid by the county).

Attorney	Address	Phone	Counties Served	Guardianship	Conservatorship	Special Needs Trust
Carol K. Beaulieu	Creekside Properties 7101 Highway 65 #3 Fridley, MN 55432	763-572-0346	Anoka County	X	X	
Linda Bogut	3300 17 th Ave. S. Minneapolis, MN 55407	612-721-7601	Metro Area Counties	X	X	
Sweeny Borer & Sweeny	3252 Rice Street Unit 2 Saint Paul, MN55126-3016	651-222-2541	Metro Area Counties	X	X	
Alan Thiel Jennifer Anderson Rebecca Levine	7301 Metro Boulevard, Suite 630 Edina, MN 55439 www.thielfirm.com	952-920-0087	Metro Area Counties	X	X	X
Lori Guzman Guzman Law Firm, PA	14847 Energy Way Apple Valley, MN 55124 www.guzmanlaw.com	952-432-0648	Metro counties plus Wright, Sherburne and Isanti counties	X	X	X
Life Planning for Persons with Disabilities	176 Kent St St Paul, MN 55102 jscottthayer@msn.com	(320) 543 - 3193	Metro Area Counties			X

Attorney	Address	Phone	Counties Served	Guardianship	Conservatorship	Special Needs Trust
Lutheran Social Services of Minnesota	2485 Como Avenue St. Paul, MN 55108 www.lssmn.org	651-642-5990	Statewide services			X
Minnesota Disability Law Center	430 First Ave. N., Suite 300 Minneapolis, MN 55401-1780 612-332-1441 www.mndlc.org	612-332-1441	Statewide services	X	X	X
Robert Paule	3001 Hennepin Avenue South Suite 309B Minneapolis, MN 55408	612-332-1733	Criminal attorney familiar with ASD			
Storey Law Offices	277 Coon Rapids Blvd NW, #310 Coon Rapids, MN 55433 http://www.jeffstoreylaw.com/	763-515-1090	Anoka County	X	X	X
Community Action Partnership of Suburban Hennepin County in Collaboration with Volunteer Lawyers Network	3 rd Tuesday of the month, 3-5 monthly legal services clinics: Northwest Family Service Center 7051 Brooklyn Blvd. Brooklyn Center http://vlcommunityclinics.wikispaces.com/CAPSH	952-697-1333	Hennepin			

Adaptive Equipment Resources

Agency	Description	Services	Contact Information
Medical Assistance/TEFRA	Medical Assistance and TEFRA cover some durable equipment.	A general guideline for the type of equipment they will cover is equipment that is medically necessary. Medical Assistance is a payor of last resort and any primary insurance coverage must be accessed first. Prior authorization is required.	For further information contact your county financial worker. Hennepin County Front Door 612-348-4111
Metropolitan Center for Independent Living (MCIL)	Up-to-date information on community resources related to disabilities.	<ul style="list-style-type: none"> • Library of material and tapes. • Used Equipment Referral Service – a clearinghouse for used adaptive equipment that matches buyers and sellers. 	651-646-8342 www.mcil-mn.org
Simon Technology Center A PACER Project	The Simon Technology Center (STC) is an original charter member of the Alliance for Technology Access (ATA).	<ul style="list-style-type: none"> • Free Technology Consultation • Preview more than 2,000 pieces of software programs, adaptive equipment and other resources • Connects buyers and sellers of assistive technology 	952-838-9000; 1-800-53-PACER pacer@pacer.org http://www.pacer.org/stc/
STAR Program (A System Technology to Achieve Results)	One-on-one help to overcome obstacles that separate individuals from needed devices and services. Statewide network of resources related to technology assistance.	Free directory “Funding Resources for Assistive Technology in Minnesota” with information regarding organizations and programs that offer assistance in acquiring adaptive equipment.	651-201-2640 or 1-888-234-1267 www.starprogram.state.mn.us
DynaVox	Company provides assistance helping identify which type of assistive technology might be most helpful	<ul style="list-style-type: none"> • Loan, demonstration and reuse programs allows individuals to find the best type of assistive technology to meet their needs • Provides training & technical assistance 	1-866-DYNAVVOX www.dynavoxtech.com

Adaptive Equipment Products

Products/Catalogs	Contact Information	
Boardmaker by Mayer – Johnson	1-800-588-4548	www.mayer-johnson.com
Bodysuits/ “Onesies” (2T through 6T)	1-866-648-8488	www.TodBods.com
Cozy Calm Weighted Blankets	763-533-6125	www.cozycalm.com
Buzzy Pain Relief System (Takes the Sting out of Shots)		http://www.buzzy4shots.com/
Different Roads To Learning	1-800-853-1057	www.difflern.com
Enabling Devices	1-800-832-8697	www.enablingdevices.com
Free Spirit Publishing	1-866-703-7322	www.freespirit.com
GOPHER	1-800-533-0446	www.gophersport.com
Lakeshore Learning		www.lakeshorelearning.com
Laureate Learning Systems	1-800-562-6801	www.LaureateLearning.com
Pocketful of Therapy	1- 800-PFOT-124	www.pfot.com
PLAY With A Purpose	1-888-330-1826	www.pwap.com
Quilted Illusions (weighted products)	763-226-9426	www.quiltedillusions.net
Southpaw Enterprises	1-800-228-1698	www.southpawenterprises.com
Toys ‘R Us- Differently-Abled Toy Guide	1-800-TOYSRUS	www.toysrus.com/category/index.jsp?categoryId=2257808
Weighted Blankets/Vests by Jeri Espeseth	651-783-0550	jelankets@juno.com
Elizabeth Bellas Custom Sewing (Weighted Blankets & vests)	952-929-9677	www.elizabethbellas.com

Safety Products and Resources

EYEZ-ON Corporation (Personal GPS trackers)	905-660-1552	www.eyez-on.com
Ion kids (tracking device)	1-888-8-IONKID (846-6543)	http://www.gpsmagazine.com/2008/01/ionkids_child_monitoring_syste.php
Safety Products listed on Autism Speaks website		http://www.autismspeaks.org/family-services/resource-library/safety-products
Creating Safety Plans – Autism Speaks information Page		http://www.autismspeaks.org/family-services/autism-safety-project/community/creating-safety-plans
Safety and Security Center (GPS locator watch)	1-800-378-2957	www.safetyandsecuritycenter.com
Safety Harness/ Seatbelt for air travel		www.kidsflysafe.com
AWAARE: Working to prevent wandering incidents and deaths within the autism community.		http://www.awaare.org/
SafetyNet by Lojack	1-877-434-6384	www.safetynetbylojack.com

Recreation Resources

Description	Agency	Address	Contact	Ages
Hockey	Minnesota Special Hockey		612-581-4483 www.mnspecialhockey.org	
Karate	JK Martial Arts	Little Canada, Maple Grove, St, Louis Park, Woodbury, MN	763-253-9016 www.jk-martial-arts.com	All ages
Mneme Therapy	Art 4 All, LLC	Greater Twin Cities	763-785-7048 www.ArtWithoutBoundaries.net/LH.html	All ages
Theater School	In The Company of Kids	13710 Nicollet Ave S Burnsville, MN 55337	952-736-3644 www.cokartscenter.com	3-17
Adaptive Recreation	AR&LE	Bloomington, Eden Prairie, Edina, Richfield	952-563-8891 http://www.ci.bloomington.mn.us/cityhall/dept/cmmmserv/parkrec/programs/arle/arle.htm	All ages
Game Club	MAGC – MN Asperger’s /High Functioning Autism Game Club	P.O. Box 18432 West St Paul, MN 55118	651-552-7381	9-16
Sensory Friendly Films (Movies)	Theatres at Mall of America	401 South Avenue Bloomington, MN 55425	952-883-8901 http://www.theatresmoa.com/promotions-packages/#FFF	All ages
Pediatric specialized programs: cheerleading squad, adaptive dance classes, kitchen camp, adaptive floor hockey	Capernaum Pediatric Therapy	Various metro location	www.capernaumpeds.com	0-18
Lifetime sports & creative activities	Courage Center	3915 Golden Valley Rd. Golden Valley, MN 55422	763-520-0312 www.couragecenter.org	
Yoga	Yoga Calm	1658 Lincoln Ave. St. Paul, MN 55105	www.wingedheartyyoga.com 612-735-0296	All ages
Trampoline: Sensory Night	Pump It Up	Burnsville, Eden Prairie, Oakdale, Plymouth, Ham Lake	www.pumpitupparty.com	All ages
Air travel Supports (airport tours)	Fraser/ AuSM/ MAC		http://www.fraser.org/Resources/Navigating-Autism-with-MSP	All Ages
Therapeutic recreation for youth age 11 and older with enduring special needs	St. David’s Center for Child & family Development		www.stdavidscenter.org/special-needs/adventure-program	11 and older
Swimming School	Sonja Hed Brown	Therapy Junction, Plymouth	952-215-1217	

CAMPS

Autism Society of Minnesota	Summer Camps – various locations		http://www.ausm.org/ausm-summer-camps.html	6-21
Sensory Integration Summer Camp	YMCA Camp Icaghowan	Amery, WI	www.campavanti.com	6-13
Half Pint Horse Camp	Half Pint Horse Foundation	Chanhassen, MN	612-802-6209 Allison@halfpinthorses.com www.halfpinthorses.com	
Social Skills Camp	Connections Social Skills Camp	Eden Prairie	952-237-2006 www.socialskillscamp.org	6-14
True Friends		<p>Camp Courage 8046 83rd St NW, Maple Lake MN 55358</p> <p>Camp Friendship 10509 108th Street NW, Annandale MN 55302</p> <p>Camp Eden Wood 6350 Indian Chief Road, Eden Prairie MN 55346</p> <p>Camp Courage North 37569 North Courage Drive, Lake George MN 56458</p> <p>Camp New Hope 53035 Lake Avenue, McGregor MN 55760</p>	<p>Website: www.truefriends.org</p> <p>Phone: 952.852.0101 – 800.450.8376</p> <p>Email: info@truefriends.org</p>	

Special Needs Child Care Agencies

Anew Dimension Child Enrichment

1819 Minnehaha Ave. S.
Minneapolis, MN 55404
612-339-2333
www.anewdimension.net

Center for Inclusive Child Care

Concordia University
275 N. Syndicate St.
St. Paul, MN 55104
651-603-6265
www.InclusiveChildCare.org

Children's Home Society & Family Services

1605 Eustis St.
St. Paul, MN 55108-1219
651-646-7771 or 1-800-952-9302
www.chsfs.org

Family Child Development Center

100 Nathan Ln.
Plymouth, MN 55441
763-545-7271
www.fcdc.org

Fraser School®

2400 W. 64th St.
Minneapolis, MN 55423
612-861-1688
www.fraser.org

Greater Minneapolis Crisis Nursery

Golden Valley Shelter
5400 Glenwood Ave.
Golden Valley, MN 55422
763-591-0400
24 hour Family Hotline: 763-591-0100
www.crisisnursery.org

Hopkins Early Learning Center

125 Monroe Ave. S.
Hopkins, MN 55343
952-988-5050
www.hopkinselec.com

Child Care Aware Minnesota

380 Lafayette Frontage Road Ste. 103
St. Paul, MN 55107
651-290-9704
www.mnchildcare.org

Books, Videos, Web Sites

Lending Libraries

Autism Society of Minnesota

2380 Wycliff St., Suite 102
St. Paul, MN 55114-1146
651-647-1083
651-642-1230 (fax)
www.ausm.org

Judy Wolff Autism Library

Metro ECSU
4001 Stinson Blvd., Suite 210
St. Anthony, MN 55421
www.ecsu.k12.mn.us/programsServices/

Books, Videotapes and Educational Materials

Autism Shop

Books and materials available to browse/purchase.
5757 Sanibel Drive
Minnetonka, MN 55343
Phone Orders: 952-988-0088
Fax Orders: 952-988-0099
www.autismshop.com
Contact: Cheri Saltzman

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Fax Orders: 612-861-6050
www.fraser.org/resources/products
Contact: Chris Bentley

Books - Recommended Basics

Title	Author
Asperger's Syndrome: A Guide for Parents and Professionals	Tony Attwood
Autism: Handle with Care! Understanding and Managing Behavior of Children and Adults with Autism	Gail Gillingham
Autistic Spectrum Disorders: Understanding the Diagnosis & Getting Help	Mitzi Waltz
Autism Treatment Guide	Elizabeth K. Gerlach
Biological Treatments for Autism & PDD	William Shaw, PhD
Can't Eat, Won't Eat	Brenda Legge
The Challenging Child	Stanley Greenspan
Children with Autism: A Parent's Guide	Michael Powers
Children, Youth and Adults with Asperger Syndrome: Integrating Multiple Perspectives	Edited by Kevin P. Stoddart
Crossing Bridges: A Parent's Perspective on Coping After a Child is Diagnosed with Autism/PDD	Viki Satkiewicz-Gayhardt, Barbara Peerenboom and Roxanne Campbell, RN
The Curious Incident of the Dog in the Night-Time (Fictional Book)	Mark Haddon
The Explosive Child: Understanding and Helping Easily Frustrated, "Chronically Inflexible" Children	Ross W. Greene
Ian's Walk: A Story about Autism (good book for siblings)	Laurie Lears; illustrations by Karen Ritz
Incentives for Change: Motivating People with Autism Spectrum Disorders to Learn and Gain Independence	Lara Delmolino and Sandra L. Harris
Keys to Parenting the Child with Autism	Marlene Targ Brill, Med
Laughing and Loving with Autism: A Collection of "Real Life" Warm & Humorous Stories	Wayne Gilpin
Let Me Hear Your Voice: A Family's Triumph over Autism	Catherine Maurice
News from the Border: A Mother's Memoir of Her Autistic Son	Jane Taylor McDonnell and Paul McDonnell
The Out-of-Sync Child	Carol Stock Kranowitz
Without Reason: A Family Copes with Two Generations of Autism	Charles A. Hart
A Parent's Guide to Autism: Answers to the Most Common Questions	Charles A. Hart
Parent Survival Manual	Eric Schopler
Sensory Smarts: A Book for Kids with ADHD and Autism Spectrum Disorders Struggling with Sensory Integration Problems	Chara and Chara
A Slant of Sun: One Child's Courage	Beth Kephart
Solving Behavior Problems in Autism	Linda Hodgdon, MEd, CCC-SLP
Teaching Children with Autism	Robert Koegel
Teaching Children with Autism: Strategies to Enhance Communication and Socialization	Kathleen Ann Quill, EdD
There's a Boy in Here	Judy and Sean Barron
Thinking in Pictures and Other Reports from My Life with Autism	Temple Grandin, PhD
The Ultimate Stranger: The Autistic Child	Carl H. Delcato
Tilt: Every Family Spins on Its Own Axis (Fictional Book)	Elizabeth Burns
Unraveling the Mystery of Autism and Pervasive Developmental Disorder: A Mother's Story of Research & Recovery	Karyn Seroussi
Visual Strategies for Improving Communication	Linda Hodgdon, MEd, CCC-SLP
Without Reason: A family Copes with Two Generations of Autism	Charles A. Hart
Who Asked Me, A Journal of Sharing and Discovery by Siblings	Adele Bergstrom

TELL US WHAT YOU THINK



What did you think of the *Fraser Autism Resource Directory*?

1. Did you get the information that you were looking for?

_____ Yes _____ No

2. How did you hear about this guide?

3. What would you like to see added to this guide?

4. Other comments

Please send to:

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Attn: Resource Directory

2400 West 64th Street

Minneapolis, MN 55423

or e-mail directory@fraser.org